

# COMMUNICATION IN ACTION

## Communicating Across Channels Course

Print this worksheet or use the fillable fields. Complete the activities after the Communicating Across Channels Course.



Choose the areas where you would like to continue practicing communication etiquette. Complete the practice activity for the ones you choose. Write down areas where you would like to improve.

### **EMAIL**

Send an email to your Digital Literacy Coach about your experience so far with this training. Your coach can respond and provide you with feedback about your email etiquette.

### **TEXTING**

Text your Digital Literacy Coach and share with them what you did last weekend. Your coach can ask you questions in return and give you feedback on the exchange.

### **SOCIAL MEDIA**

Talk with your Digital Literacy Coach and share the areas where you would like to improve your Social Media etiquette. How can your coach support you? Who else in your life can you go to if you need help with communicating on social media?

### **TELEHEALTH**

If you are interested, research or reach out to one of your healthcare providers to see if they provide telehealth services. Talk with your Digital Literacy Coach about who you would ask to support you in a telehealth appointment if needed.

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**Where I want to improve:**